

## Backpacking Packing List

### What you should be wearing

1. Thick Hiking Socks <sup>1</sup>
2. Underwear <sup>2</sup>
3. Scout Pants (Nylon or polyester blend)
4. Class A scout shirt
5. Red Scout shirt<sup>3</sup>
6. Jacket layers as needed <sup>4</sup>
7. Shoes (boots or tennis shoes)
8. Watch (Required)
9. Scout Hat (Knitted cap if it is cold)
10. Money/ID <sup>5</sup>
11. Sack lunch if required

### In your backpack should have the following:<sup>6</sup>

1. Sleeping bag (in a water proof stuff sack or stuffed with a water proof liner)
2. Ground sheet <sup>7</sup>
3. Ground pad
4. Dry warm cloths to sleep in<sup>8</sup>
5. Jacket layers<sup>4</sup>
6. Rain gear<sup>9</sup>
7. Water (minimum of 2 liters, older scouts should consider 3L)
8. Flashlight w\ new batteries (AA or AAA)
9. Tent stakes (minimum of 6)

10. Bug spray (optional/seasonal)<sup>10</sup>
11. Sunscreen<sup>10</sup>
12. Pen and paper (Older scouts should have their scout hand book)
13. Toilet paper<sup>11</sup>
14. Tooth brush and paste<sup>10</sup>
15. Soap and or hand sanitizer<sup>10</sup>
16. Rope (1/8 in Diam. 1x25ft and 2x12.5ft)
17. Fire starter
18. Eating utensils (consider spoon only)
19. Cup and Bowl
20. Personal First aid kit
21. Whistle
22. Map and compass
23. Pocket knife
24. Pack cover (optional if items in backpack are waterproofed)
25. Deck of cards (optional)<sup>12</sup>
26. Snacks (optional)
27. Spare Ziploc bags, and garbage bag
28. Your share of patrol gear (Tent/tent parts, food, pots, utensils, etc)
29. Day pack (Optional if a day hike is planned)
30. Bandanna(Optional)

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<sup>1</sup> Undersocks should be worn if worried about blisters

<sup>2</sup> Thermal underwear should be worn if it is cold

<sup>3</sup> Scout shirt should be worn under dress shirt

<sup>4</sup> Jacket layers are defined as a base layer, insulating layer, wind/elements layer

<sup>5</sup> Money is generally not needed for backpacking, but scouts should have some cash with them if needed during a pit stop to or from a trail head

<sup>6</sup> backpack must be designed for hiking with a proper waist belt

<sup>7</sup> 7 x 9 foot ground cloth, 6mill plastic or Tyvek type material

<sup>8</sup> Clothes to sleep in includes socks a knitted cap, along with thermal underwear or socks underwear a clean shirt and pants. Avoid wearing cotton.

<sup>9</sup> Rain gear may be combined with Jacket layers. Rain gear may include a poncho or a rain suit or just rain pants if top jacket layer is water proof

<sup>10</sup> Don't bring a large tube or amount. Think airports travel size, just enough for the trip

<sup>11</sup> Do not bring a whole roll. Take what you need. Keep in mind toilet paper might be used to AP your patrol dishes.

<sup>12</sup> Not recommended for first time backpackers

**For cold weather:**

1. More Layers of clothing (usually fleece and/or a turtle neck and/or sweatshirt and/or outer shell)
2. Beanie/stocking cap/ knitted hat
3. Gloves

**For multi day hiking:**

1. One set of spare clothing for base camp (socks, shoes, underwear, pants, and shirt)
2. One pair of extra shoes (tennis shoes or sandals)
3. Swimsuit (if there will be a place to swim)
4. Spare batteries
5. Additional Food/patrol supplies for extra meals

**Patrol Gear should include:**

1. Tent
2. Dinning fly
3. Pot for boiling water
4. Hot pot tongs
5. Measuring cup
6. Stove
7. Fuel
8. Sheet of heavy duty aluminum foil or pot cover
9. Water purification tablets
10. Ziploc bags for trash
11. Toilet paper (not a whole roll, just enough to AP patrol dishes)
12. Soap (concentrated camp soap works well)
13. Collapsible water container
14. Food for each meal
15. Shovel and toilet seat (troop gear)
16. Other gear that might be needed for the menu. Read the directions before you leave (grill, frying pan, butter, salt/pepper, spatula, spoon, coffee filters, cooler, sponges, bleach for cleaning, etc)